

Circular HSC (SQSD) (NICE IPG596) 36/17

Subject: NICE Interventional Procedures Guideline Circular Reference: HSC (SQSD) (NICE IPG596) 36/17 - IPG596 - Extracranial to intracranial bypass for intracranial atherosclerosis Date of Issue: 10 November 2017 For action by: **Related documents:** Chief Executive of HSC Board - for distribution to: HSC (SQSD) 4/14 Director of Performance Management & Service Improvement Director of Commissioning Assistant Directors of Commissioning Director of Integrated Care to also cascade to: Family Practitioner Services Leads - for cascade to relevant Family Practitioner groups Chief Executive of Public Health Agency - for distribution to: Director of Public Health and Medical Director - for cascade to relevant staff Director of Nursing and AHPs - for cascade to relevant staff Chief Executives of HSC Trusts - for distribution to: Medical Directors - for cascade to relevant staff Directors of Acute Services - for cascade to relevant staff HSC Clinical and Social Governance Leads Chief Executive of Regulation & Quality Improvement Authority - for distribution to relevant independent healthcare establishments Superseded documents For Information to: Chair of HSC Board None Chairs of HSC Trusts Chief Executive of NIAS Chief Executive of PCC Chief Executive of NIBTS Chief Executive of NIPEC Chief Executive/Postgraduate Dean, NIMDTA Clinical Education Centre, BSO **NI NICE Implementation Facilitator** Members of NI NICE Managers' Forum Summary of Contents: Status of Contents: Current evidence on the safety and efficacy of extracranial to For action intracranial bypass for intracranial atherosclerosis shows that there is no benefit to the patient from the intervention. There are major concerns around its safety, therefore this procedure should not be used to treat this condition. **Enquiries:** Implementation: Immediate Any enquiries about the content of this Circular should be addressed to: Quality Regulation and Improvement Unit Department of Health Room D1.4 **Castle Buildings** Stormont Estate Belfast BT4 3SQ Additional copies: SGU-NICEGuidance@health-ni.gov.uk Available to download from https://www.health-ni.gov.uk/topics/safety-and-quality-

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NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NICE): INTERVENTIONAL PROCEDURES GUIDANCE – IPG596 - Extracranial to intracranial bypass for intracranial atherosclerosis (updates & replaces IPG348)

The National Institute for Health and Care Excellence (NICE) produces guidance as part of the Interventional Procedure Programme. Clinicians who have developed new procedures send these to NICE to evaluate their effectiveness. Cost is not considered as part of this evaluation. Solely for this programme, NICE communicates directly with the HSC in Northern Ireland and consequently Departmental bi-monthly circulars are normally only required. An exception has been made for this due to the safety risks identified.

The advice in the NICE guideline states:

Current evidence on the safety and efficacy of extracranial to intracranial bypass for intracranial atherosclerosis shows that there is no benefit to the patient from the intervention. There are major concerns around its safety, therefore this procedure should not be used to treat this condition.

The HSC sector also should note that the Department expects the HSC sector to comply with this guidance in their delivery of services to patients with intracranial atherosclerosis.

Indications and current treatments

Intracranial atherosclerosis is usually a progressive condition which narrows and hardens the blood vessels supplying the brain, limiting its blood supply. This can cause transient ischaemic attacks or permanent neurological damage (stroke).

Conservative management of atherosclerosis includes smoking cessation, and antiplatelet, lipid-lowering and antihypertensive medication. Endovascular techniques (angioplasty or stenting) may be used to dilate an arterial narrowing.

Outline of the procedure

The aim of extracranial to intracranial bypass for intracranial atherosclerosis is to increase blood flow in intracranial arteries to relieve symptoms of cerebral hypoperfusion or reduce the risk of stroke. Under general anaesthesia, the extracranial donor artery (usually the superficial temporal artery) is anastomosed to a superficial cerebral artery (usually a subpial middle cerebral artery branch) through a mini-craniotomy. Typically, an end-to-side anastomosis is used. A graft (for example a radial artery or a saphenous vein graft) may be needed to allow higher flow.

Careful pre-operative planning involving ultrasound, angiography, computed tomography (CT), single-photon emission CT scanning or brain reserve testing is needed.

The full NICE intervention procedure guideline is available for download at:

https://www.nice.org.uk/guidance/ipg596

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