

Questions:

Please could you supply me with the following

1.
 - The latest version of the local guidelines used for the treatment of Uterine Fibroids.
 - If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?
2.
 - The latest version of the local guidelines used for the treatment of Endometriosis.
 - If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?
3. Which Hospitals within your catchment area are centres for the treatment of Uterine Fibroids and Endometriosis?
4. Can I have a link to the formulary of formularies that cover the hospitals listed in Question 3.

Responses:

1. There are no local guidelines used for the treatment of uterine fibroids. The National Guidelines used for uterine fibroids are mostly within heavy menstrual bleeding guidelines rather than a dedicated guideline. These would be:
 - The National NICE Guideline NG88 – Heavy Menstrual Bleeding: Assessment and Management
2. There are no local guidelines used for the treatment of endometriosis. In terms of endometriosis the National Guidelines used are:
 - National Institute for Health and Care Excellence (NICE) Guidelines: NICE Guideline NG73 – Endometriosis: Diagnosis and Management. NICE NG73 provides evidence-based guidance for diagnosing and management endometriosis, including symptom recognition, referral pathways, treatment options and fertility considerations.
 - ESHRE Guideline Endometriosis 2022

Please see below links to the guidelines:

- [Overview | Endometriosis: diagnosis and management | Guidance | NICE](#)
 - <https://www.eshre.eu/guideline/endometriosis>
3. All hospitals will treat uterine fibroids. There are no national or regional centres for fibroids.

All hospitals will treat endometriosis. The regional centres for endometriosis in Northern Ireland are Belfast Health and Social Care Trust and Western Health Social Care Trust.

4. The Northern Ireland Formulary (HSCNI) is designed to support both primary and secondary care across Northern Ireland ensuring consistent prescribing and effectively acting as the overarching “*formulary of formularies*” for Trusts.

- <https://niformulary.hscni.net>

Health and Social Care Trusts may be in a position to provide you with their respective pharmacy/medicine’s guidance. You may therefore wish to direct this element of your request to the five Health and Social Care Trusts in Northern Ireland.

Date response issued: 3rd June 2026
Reference Number: DOH 2026-0108