

# Education and training for healthcare professionals

We have a range of training courses to upskill and support professionals working in MSK Care. Our events are primarily aimed at GPs, GP trainees and other primary healthcare professionals who support patients presenting with MSK conditions.

To find out more about discounted commissioning costs or to book individuals onto one of our upcoming training courses, visit [www.VersusArthritis.org/CoreSkills](http://www.VersusArthritis.org/CoreSkills) or contact [ProfessionalEngagement@VersusArthritis.org](mailto:ProfessionalEngagement@VersusArthritis.org)

Event	What is covered	Delivery options	Guide price
<b>Core skills in musculoskeletal care</b>	<p>This workshop provides a supportive environment for primary healthcare professionals to develop confidence and skills in the diagnosis, treatment, and management of patients with MSK conditions. The workshop is split into three main sections:</p> <ul style="list-style-type: none"> <li>• Lower back pain and sciatica</li> <li>• Upper limb pain including neck (with emphasis on shoulder)</li> <li>• Lower limb pain and OA (with emphasis on knee)</li> </ul>	<p><b>Face to face sessions</b></p> <p>8-hour, 1 day event delivered by our trainers at a venue agreed with the commissioning organisation.</p> <p>12 - 18 delegates per trainer.</p>	<p>£220 pp (as part of this price the delegate would automatically get a place on the next online MSK Bitesize webinar)</p>

		<p><b>Digital group sessions</b></p> <p>4 x 2-hour sessions, delivered via MS Teams.</p> <p>20 - 25 delegates per trainer.</p> <p>Note: Delegates must be able to attend all 4 sessions.</p>	£160 pp
<p><b>MSK bitesize</b></p>	<p>This course focuses on a number of MSK conditions that can present in primary care, including an overview of the physical activity guidelines and resources to signpost to. The topics covered are:</p> <ul style="list-style-type: none"> <li>• Osteoarthritis</li> <li>• Inflammatory arthritis</li> <li>• Fibromyalgia</li> <li>• Polymyalgia rheumatica</li> <li>• Myeloma</li> <li>• Gout</li> <li>• Hypermobility</li> <li>• Paediatric MSK</li> <li>• Lupus</li> <li>• Physical activity</li> </ul>	<p><b>Digital group sessions</b></p> <p>3-hour virtual event, delivered via MS Teams.</p> <p>Minimum of 20 delegates.</p>	£60 pp

<p><b>Is it inflammatory arthritis or fibromyalgia syndrome?</b></p>	<p>Differentiating between inflammatory arthritis and fibromyalgia is a difficult skill in a primary care setting, with huge implications for the patient and NHS. This course covers:</p> <ul style="list-style-type: none"> <li>• The clues in the history and examination that will help</li> <li>• How to use investigations sensibly and cost-effectively</li> <li>• How to communicate and explain the diagnosis</li> <li>• How to facilitate self-management, including various types of patient information</li> </ul>	<p><b>Digital group session</b></p> <p>2-hour virtual event, delivered via MS Teams.</p> <p>Minimum of 20 delegates.</p>	<p>£40 pp</p>
<p><b>Managing chronic pain in primary care</b></p>	<p>Managing chronic pain can be one of the most difficult aspects of primary care consultations for both doctors and patients.</p> <p>This course covers:</p> <ul style="list-style-type: none"> <li>• An outline of the NICE guidelines and what they mean for the doctor and patient</li> <li>• New consultations skills to manage difficult interactions</li> <li>• The principles of medication use</li> <li>• Resources that can help digital delivery</li> </ul>	<p><b>Digital group session</b></p> <p>2-hour virtual event, delivered via MS Teams.</p> <p>Minimum of 20 delegates.</p>	<p>£40 pp</p>