

Early Review Case Study Annie

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Background

Domiciliary care plays a key role in supporting timely discharges from hospital. Demand for care provision consistently exceeds availability.

Early review allows for timely review of social care needs, ensuring care provision remains appropriate to needs.

Case Description

65 year old lady ****Annie**** was admitted to hospital for 4 weeks after a fall and long lie. No rehabilitation potential identified on discharge from hospital, returned home with a package of care to address long term needs.

.Package of care (POC) included:

- 4 calls a daily with 2 carers
- Support with personal care, toileting, medication, meal requirements.
- Total weekly hours 17.5 hours.
- Early review identified Annie as someone who would benefit from OT assessment to ensure that the current support

Problems	OT Intervention	Outcome
Rehabilitation potential not identified on hosp discharge	Early review referred Annie to Reablement and their dedicated support workers to ensure that she was allowed the opportunity to regain as much independence and function as possible	POC ceased and rehabilitation commenced
Assistance x2 for Mobility and transfers	OT and support workers completed daily mobility and transfer practice at home. Falls education	Independent
Assistance x2 for personal care	Daily practice with personal care, progressed from stripwash to showering	Independent
Reduced sitting tolerance	OT and Annie gradually built up sitting tolerance. Annie progressed to safely transferring from bed to commode or chair. Furniture was repositioned so Annie could access what was needed whilst building up own strength.	Able to sit out for as long as she wants now
Reliant on pads for toileting needs	With sitting tolerance improving Annie was initially able to access the commode for toileting, as mobility improved she was able to access the bathroom for needs.	Independent, no longer using pads, UTIs reduced
Supported with medications due to worry and anxiety	Cognitive and medication assessment completed, OT focused on the reasons that client was feeling anxious, Reablement initiated Annie taking her medications to promote her confidence.	Independent
Dependent for meal provision	Annie was unable to access the kitchen or stand for periods of to make own meals. Annie worked on increasing her standing tolerance, she completed aspects of meals sitting at the kitchen table and as she improved she was given a kitchen trolley which she was able to use to transport items in the kitchen	Independent
No POC pre admission doubles POC on hospital discharge	As confidence and independence improved POC was gradually phased out ensuring that Annie was able to manage	No POC required

Take Home Message

Timely Review of care provision ensures the care remains appropriate, effective and person-centred.

Occupational Therapists are key in promoting independence through adaptive techniques, equipment and rehabilitation.

Hospital environment is different from a service users home and clients should be **assessed at home** to determine longer term needs.



“I was trusted to make a judgement call about my own ability to be independent but they were there to give support when I needed it”

“Everyone was so kind and understanding, I could not have got this far in my own recovery without this service”

“The OT was very understanding and helpful. When you talk to certain people they do not understand the situation but she took the time to listen to me and understand my point of view, she was excellent